

January 16, 2022

Winning The War In Your Mind

Pastor Brian Greenleaf, Lead Pastor



Take Back Your Mind

Romans 12:2, Philippians 4:8, Joshua 1:8, Psalm 119:15, 143:5, Colossians 3:2

How do I conform to this world?

Most of life's battles are won and lost in the mind.

Your life is always moving in the direction of your _____ thoughts.

Philippians 4:8

Meditate: To think deeply or _____ one's mind for a period of time.

Writing a declaration statement:

_____ it

_____ it

_____ it

Until you _____ it

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Sermon Talks:

1. What caught your attention in this week's sermon? Was there something you had never heard before or something you had a question about?
2. Do you ever find yourself conforming to the world? If so, how?
3. The lies we believe about ourselves are often rooted in childhood experiences.
 - Have you experienced this in your own life?
 - How has it affected you?
4. Do you ever find yourself acting irrationally based on a lie you believe about yourself? If so, how?
5. Last week, you were challenged to write down what the dominant stronghold in your life is. Let's revisit that again. Remember, a stronghold is the wall we tend to build in our minds made up of lies the devil keeps feeding us. This often occurs when we allow the wires in our brain to get crossed.
 - What is that dominant stronghold? Write it down.
 - What are some truths from God's Word that you can write, meditate on, and confess to combat that stronghold?
 - Based on those Biblical truths, begin writing a declaration that is very specific. Write something that creates emotional energy towards the truth of God.
6. Once you have written your declaration statement, start thinking about it regularly. Write it, think it, confess it, until you believe it.

Pray about it:

Be bold and pray with power.

Father, show me any weaknesses I have in my life as a result of believing a lie. Help me identify what truth from Your Word I can use to fight that lie. Give me wisdom as I create daily declarations, and guide me as I begin the process of renewing my mind. In Jesus' name, amen.

LET'S TAKE BACK OUR MINDS!!!