

January 9, 2022

Winning The War In Your Mind

Pastor Brian Greenleaf, Lead Pastor



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2 Corinthians 10:3-5, Romans 12:2

Most of life's battles are _____ or _____ in your mind.

The devil wants to _____ your thinking, one _____ at a time.

Thought Audit

Worried	1	2	3	4	5	6	7	8	9	10	Peaceful
Negative	1	2	3	4	5	6	7	8	9	10	Positive
Worldly	1	2	3	4	5	6	7	8	9	10	Eternal

You cannot have a _____ life when you have a _____ mind.

2 Foundational Thoughts (assignments):

1. Identify the biggest stronghold that is holding you back.
2. Name the truth that demolishes that stronghold.

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Sermon Talks:

1. What caught your attention in this week's sermon? Was there something you had never heard before or something you had a question about?

2. The life we have is a reflection of the thoughts we think.

Complete the "Thought Audit"

Worried	1	2	3	4	5	6	7	8	9	10	Peaceful
Negative	1	2	3	4	5	6	7	8	9	10	Positive
Worldly	1	2	3	4	5	6	7	8	9	10	Eternal

3. Think about a time you struggled with anxiety or toxic thoughts.

- What did you learn through that experience?

4. Our lives are always moving in the direction of our strongest thoughts.

- Where do you think your life is headed, based on your thoughts?
- Is there anything you would lie to change about your destination?

5. It is hard to have a positive life when you have a negative mind.

- What stronghold is holding you back?
- What negative statement do you say about yourself? How does it affect you?
- What truth demolishes that stronghold?
- How can you replace that negative statement with truth from scripture?

Pray about it:

Be bold and pray with power.

Father, reveal to me any lies that I am believing about myself, others, or You. Help me replace those lies with Your transformative, healing truth. Renew my mind. Transform my thoughts. Make me more like You today and every day. In the strong name of Jesus, amen.