

January 19, 2025

Look Up, Press On

Pastor Brian Greenleaf



Colossians 3:1-3, Matthew 6:33-34, Philippians 4:8

_____ your focus

- _____ God's purpose
- God is sovereign over your _____

Live with _____ perspective

- Make every day _____
- Reduce fear of the _____

Stay _____ in Christ

- _____ God's will
- Have _____ for what's ahead

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Sermon Talks

1. What caught your attention in this week's message? Was there something you had never heard before or something you had a question about?
2. Has there been a time in your life where you had to refocus? Explain what led to your decision. What has been the result?
3. We talk about the need, at times, to shift our focus with regards to certain aspects of our lives. Why is that harder than it sounds? Where does the difficulty come from?
4. The sovereignty of God is essentially the fact that He has the power, wisdom, and authority to do anything He chooses within His creation. What is your response to that? How should that affect our daily lives?
5. Read Matthew 6:28-34. How can these verses help us have an eternal perspective? How can these verses help with reducing anxiety and fear?
6. What do you think is meant by making every day count? How can you go about this?
7. Read Philippians 4:4-9.
 - How can you apply Paul's advice to replace anxiety with prayer and thanksgiving?
 - Identify one area of your thought life that needs realigned (refocused) with the qualities Paul says we should have in verse 8. What steps can you take to make this change?
 - How can these verses help you stay anchored in Christ Jesus?

Pray about it: Meditate on God's Word (Colossians 3:1-3, Matthew 6:33-34, Philippians 4:8) and this week's message.

Adoration: What can I praise God for in light of what this teaches me?

Confession: What sin can I confess because of what this teaches me?

Thanksgiving: What can I thank God for in light of what he has done?

Supplication: What do I need to ask of God in order to grow in light of this?