

May 4, 2025

The New Me

Pastor Brian Greenleaf



Ephesians 4:17-32

Get rid of the old me (17-19)

Put on the new me (20-24)

The new me in action (25-32)

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Sermon Talks

1. What caught your attention in this week's message? Was there something you had never heard before or something you had a question about?
2. What is something that you picked up from a parent, coach, teacher or influential adult in your life that became part of your life?
3. Let's say you have a bad habit and want to change. How do you go about changing? Do you start with your mindset or your behavior?
4. In vv. 17-19, Paul describes the life of those who choose to reject the message of Jesus. How have you seen this played out in the lives of non-Christians in your life?
5. What are the three stages of transformation that Paul lists in vv. 22-24?
6. All the actions listed in vv. 25-32 have to do with relating to others. Why is it so important that we understand how to treat one another?
7. What are some old habits in your life that need to go? What is God calling you to do and replace those old habits with instead?
8. What may God be asking you to change, do differently, repent of, or pray about?

Pray about it: Meditate on God's Word (Eph 4:17-32) and this week's message.

Adoration: What can I praise God for in light of what this teaches me?

Confession: What sin can I confess because of what this teaches me?

Thanksgiving: What can I thank God for in light of what he has done?

Supplication: What do I need to ask of God in order to grow in light of this?