

# January 11, 2026

Alleviate Stress

Pastor Brian Greenleaf



**Proverbs 22:7, Matthew 6:24, Romans 13:8, 1 Timothy 6:6-11**

What most people do	The order God blesses
1. Earn it	1. Earn it
2. Enjoy it	2. Tithe it
3. Repay it (past)	3. Save it
4. Save it (future)	4. Repay it
5. Give it (eternal)	5. Enjoy it

## Financial Responsibility

1. Do not \_\_\_\_\_ money (Matt 6:24)

You cannot have 2 \_\_\_\_\_ priorities

2. Do not expect money to give your life \_\_\_\_\_ (Ecclesiastes 5:10)

Net-worth \_\_\_\_\_ Self-worth (Luke 12:15)

God \_\_\_\_\_ you. Jesus died and rose again \_\_\_\_\_ you. The Holy Spirit wants to take up residence \_\_\_\_\_ you.

## 3 Prayers for Paying Off Debt

1. God, give me \_\_\_\_\_ - \_\_\_\_\_ (Proverbs 25:28)

2. God, give me \_\_\_\_\_ (Hosea 4:6)

3. God, give me a \_\_\_\_\_ (Proverbs 21:5)

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## Sermon Talks

1. What caught your attention in this week's message? Was there something you had never heard before or something you had a question about?
2. What is your worst buyer's remorse story? Be honest. Get it off your chest.
3. Tomorrow, you get \$500,000, no strings attached. What do you do with it?
4. In what areas of your life do you seem to squander money the most? Write down your three greatest financial stressors. How are they holding you back? Consider doing a 30-day audit of your finances.
5. If money was not an issue, how do you think your life would look different?
6. Why do you think people expect money to give their life meaning? Respond to the statement 'Your net-worth does not equal your self-worth.'
7. What are some processes or habits that have helped you avoid financial stress?
8. Read 1 Timothy 6:6-11. What advice does Paul give Timothy in these verses?  
Further Study: Read 1 Timothy 6:11-21. List some of the final instructions Paul gives Timothy.
9. In praying for self-control, what are a few things that you can say no to?
10. Has the first two weeks in our series "Are You Ready for a Change" helped you in understanding your current financial situation? If so, how?
11. Do you have a plan for paying off debt? Where do you plan to start?
12. Remember that your self-worth comes from God. God MADE you! Jesus died and rose again FOR you! The Holy Spirit wants to take up residence IN you!
13. Allow the Holy Spirit to guide you in a time of prayer.